

Slow-Cooker Chicken Alfredo

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YIELDS:

4

PREP TIME:

10 mins

TOTAL TIME:

2 hrs 30 mins

Ingredients

1 lb. boneless skinless chicken breasts

2 c. heavy cream

1 c. low-sodium chicken broth

4 tbs. butter, softened

1/2 tsp. garlic powder

1/2 tsp. Italian seasoning

Kosher salt

Freshly ground black pepper

1/2 lb. rigatoni

1/3 c. freshly grated Parmesan

Freshly chopped parsley, for garnish

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Directions

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Step 1

In a slow cooker, add chicken, heavy cream, butter, and broth. Season with garlic powder, Italian seasoning, salt, and pepper.

Step 2

Cook on high for 2 hours, until chicken is cooked through. Transfer to a plate and shred with two forks, then set aside.

Step 3

Add rigatoni and Parmesan to slow cooker, and cook until rigatoni is tender, 20 to 25 minutes more.

Step 4

Return chicken to slow cooker and toss to combine. Garnish with parsley before serving.