

Stuffed Pepper Soup, the Mason Jar, Colorado Springs



Serves 10; can be cut in half to serve 5.

2 lbs. lean ground beef or ground turkey

2 quarts water

1 can (28 ounces) tomato sauce

1 can (28 ounces) diced tomatoes (undrained)

2 C. white or brown rice, cooked

2 C. chopped green peppers

1/4 C. packed brown sugar

2 tsp. salt

1 tsp. pepper

2 tsp. beef bouillon

In a large pan, season beef or turkey with salt and pepper and cook until no longer pink. Drain meat and add remaining ingredients and simmer for 30-4- minutes or until peppers are tender. Enjoy!